

Product	Ingredients	Region
Bacon Bits	bacon, water salt, sugar, smoke flavorint, sodium phosphates, sodium erythorbate, sodium nitrite, smoke	all
Baklava	Phyllo dough (wheat flour, water, modified corn starch, vegetable canola oil, salt, sodium propionate, potassium sorbate), almonds, walnuts, vegetable ghee (palm oil, color, artificial flavor), canola oil, sugar, cinnamon. Glaze: sugar, water, honey, glucose, citric acid.	all
Caesar Dressing	canola oil, water, romano cheese, frozen egg yolk (egg, salt), lemon juice concentrated, anchovies paste (cured anchovies, salt, water), dijon mustard, garlic, sugar, salt, spices, garlic powder, xanthan gum, dehydrated onion, potassium sorbate, propylene glycol alginate, calcium disodium edta	all
Chickien Soup Base	salt, dextrose, chicken fat (includes rosemary extract), corn flour, flour, hydrolyzed plant protein (soy and corn), corn syrup solids, silicon dioxide, spices, citric acid, colour, parsley disodium guanylate, disodium inosinate, flavor (includes garlic, onion)	all
Garlic Croutons	wheat flour, canola oil, sugar, yeast, modified palm oil, salt, garlic powder, soya lecithin, ascorbic acid	all
Feta Cheese	pasteurized cow's milk, milk protein concentrate, bacterial culture, calcium chloride, microbial enzyme, salt, kept in brine (water, salt, lactic acid)	all
Chicken Skewer	chicken breast, water, canola oil, salt, flavour, corn syrup solids, sodium phosphates, onion powder, cooking wine, oranges, lemon juice from concentrate, garlic powder, spice	ON
Kalamata Olives	olives, water, vinegar, salt, olive oil	all
Greek Dressing	canola oil, red wine vinegar (sulphites), white vinegar, extra virgin olive oil, lemon juice (water, concentrated lemon juice, sulphites, lemon oil), salt, spices	all
White Pita	enriched flour, water, soybean and/or canola oil, yeast, stone ground whole wheat flour, salt, dextrose, sugar, white vinegar, calcium propionate, mono-and diglycerides, baking powder, potassium sorbate, citric acid, silicone dioxide, l-cysteine hydrochloride, enzymes; spice	BNC
OPA! Fries	potatoes, vegetable oil (canola and/or soybean and/or cottonseed and/or sunflower), salt, dextrose, sodium acid pyrophosphate; finished with Greek lemon seasoning, spices	all
Greek lemon seasoning	water, lemon juice, citric acid, lemon flavor, sodium benzoate	all
Gyro	beef and lamb, water, soy protein concentrate, seasoning (salt, dehydrated garlic, corn syrup solids, yeast extract, spices, spearming, soybean oil, tricalcium phosphate), onion, whole wheat flour, isolated oat product	all
Hummus with Roasted Garlic	chickpeas (chickpeas, water), canola oil with natural roasted garlic flavor, sesame tahini, sea salt, citric acid, spices, sodium benzoate and potassium sorbate	all
ReaLemon	water, concentrated lemon juice, sulphites, lemon oil	all
Parmesan Cheese	milk, modified milk ingredients, bacterial culture,salt, rennet and/or microbial enzyme, calcium chloride, lipase, powdered cellulose, parmesan flavour (natural), natamycin	all

White Pita	water, wheat flour, benzoyl peroxide, niacin, reduced iron, ascorbic acid, thiamine mononitrate, riboflavin, amylase, folic acid, liquid canola oil, modified palm oil and palm kernel oil, sugar, yeast, salt; finished with canola oil, spices	Rodlins
White Pita	enriched wheat flour, water, vegetable oil (canola oil, modified palm and palm kernel oil), sugar, yeast, salt, calcium propionate, L-cysteine; finished with canola oil, seasoned salt, oregano	PBF
WW Pita	whole grain wheat flour including the germ, water, vegetable oil (canola oil, modified palm and palm kernel oil) wheat gluten, sugar, yeast, salt, calcium propionate, L-cysteine; finished with canola oil, seasoned salt, oregano	PBF
WW Pita	water, whole wheat flour, amylase, ascorbic acid, liquid canola oil, modified palm oil and palm kernel oil, sugar, yeast, salt; finished with canola oil, spices	Rodlins
WW Pita	enriched flour, water, ground whole wheat flour, yeast, soybean and/or canola oil, salt dextrose, sugar, white vinegar, calcium propionate, mono- and diglycerides, baking powder, potassium sorbate, citric acid, silicone dioxide, L-cysteine hydrochloride, enzymes; finished with canola oil, seasoned salt, oregano	BNC
Seasoned Salt	salt, sugar, spice & herbs (including rd pepper), dehydrated onion & garlic, cornstarch, tricalcium phosphate, hydrogenated soy & cottonseed oil	all
Beef Skewer	beef, salt, flavor (modified corn starch), granulated garlic, sodium tripolyphosphate, spices, sugar, hydrolyzed corn protein, high monounsaturated vegetable oil (canola &/or soybean &/or sunflower seed), (MFG aid), onion powder, silicon dioxide (MFG aid)	West
Lamb skewer	lamb, salt, flavor (modified corn starch), granulated garlic, sodium tripolyphosphate, spices, sugar, hydrolyzed corn protein, high monounsaturated vegetable oil (canola &/or soybean &/or sunflower seed), (MFG aid), onion powder, silicon dioxide (MFG aid)	West
Chicken Skewer	chicken breast, salt, spices, granulated garlic, corn maltodextrin, sugar, hydrolyzed corn protein, modified hydrogenated soybean oil (MFG aid), onion powder, tricalcium phosphate (MFG aid)	West
Lamb skewer	lamb leg, canola oil, water, onions, garlic, spice, sea salt, cooking wine	ON
Pork Skewer	pork, canola oil, water, onion powder, garlic powder sea salt, cooking wine, oranges, spice	ON
Shrimp Skewer	shrimp, water, sodium phosphate, salt, sulphiting agents; finished with canola oil, Delphi Greek Lemon seasoning, oregano, seasoned salt	all
Spanakopita	<u>fillo dough</u> : enriched, non-bromine bleached flour (bleached wheat flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), water, dough conditioner (maltodextrin, L-cysteine, hydrochloride), corn starch, less than 1.0% of the following: vegetable oil (soybean, corn and/or canola oil), salt, glycerine, citric acid, preservatives(sodium and/or calcium propionate, potassium sorbate). <u>filling</u> : spinach, cream cheese (pasteurized cultured milk and cream, whey, salt, tara gum and guar gum), onion, feta cheese (pasteurized milk, salt, cheese culture, enzymes) whole eggs, spices, parsley, parmesan cheese	all

Tzatziki Sauce	sour cream (modified milk ingredients, modified corn starch, sodium phosphate, guar gum, carrageenan, locust bean gum, bacterial cultures), yogurt (milk ingredients, modified tapioca and corn starch, pectin, bacterial culture), cucumber, salt, extra virgin olive oil, lemon juice (water, concentrated lemon juice, sulphites, lemon oil), garlic, sugar, jalapeno peppers (jalapeno peppers, vinegar, water, salt, calcium chloride, sodium benzoate), hydrolized corn protein (soybean oil) spices, citric acid, garlic powder, dill weed, potassium sorbate, onion powder, celery salt	all
Falafel	chickpeas, water, chickpea flour, potato flakes (potatoes, mono & diglycerides, sodium acid pyrophosphate, citric acid), baking powder, salt, garlic powder, onion powder, dextros, dextrin, chicory root (Inulin), powdered cellulose, spices. Fried in Canola oil.	all
Greek Salad	tomatoes, cucumbers, green peppers, red onions, kalamata olives (olives, water, vinegar, salt, olive oil), feta cheese (pasteurized cow's milk, milk protein concentrate, bacterial culture, calcium chloride, microbial enzyme, salt, kept in brine (water, salt, lactic acid)	all
Santorini Salad	chickpeas, tomatoes, red onions, parsley, dill, capers, Greek Salad Dressing, spices	all
Rice Pilaf	parboiled long grain rice, chicken soup base, canola oil, shredded carrots & parsley	all
Roasted Greek Potatoes	red potatoes, water, lemon juice, tomato, green pepper, red onion, carrot, parsley, canola oil, chicken soup base, spices	all
Roasted Veggies	red potatoes, carrots, green peppers, tomatoes, red onions, canola oil, spices	all
Calamari	squid, flour, cornstarch, seasoned salt; finished with Greek lemon seasoning, spices	all

Skewers

Beef Skewer	beef, salt, flavor (modified corn starch), granulated garlic, sodium tripolyphosphate, spices, sugar, hydrolyzed corn protein, high monounsaturated vegetable oil (canola &/or soybean &/or sunflower seed), (MFG aid), onion powder, silicon dioxide (MFG aid); finished with canola oil and Greek lemon seasoning
Chicken Skewer	chicken breast, salt, spices, granulated garlic, corn maltodextrin, sugar, hydrolyzed corn protein, modified hydrogenated soybean oil (MFG aid), onion powder, tricalcium phosphate (MFG aid); finished with canola oil and Greek lemon seasoning
Falafel	chickpeas, water, unbleached wheat flour, potato flakes (potatoes, mono & diglycerides, sodium acid pyrophosphate, citric acid), baking powder, salt, garlic powder, onion powder, spices (coriander, cumin, parsley flakes, cayenne pepper, crushed chili), potassium sorbate. Fried in Canola oil
Gyro	beef and lamb, water, soy protein concentrate, seasoning (salt, dehydrated garlic, corn syrup solids, yeast extract, spices, spearmint, soybean oil, tricalcium phosphate), onion, whole wheat flour, isolated oat product; finished with canola oil and Greek lemon seasoning
Lamb skewer	lamb, salt, flavor (modified corn starch), granulated garlic, sodium tripolyphosphate, spices, sugar, hydrolyzed corn protein, high monounsaturated vegetable oil (canola &/or soybean &/or sunflower seed), (MFG aid), onion powder, silicon dioxide (MFG aid); finished with canola oil and Greek lemon seasoning
Shrimp Skewer	shrimp, water, sodium phosphate, salt, sulphiting agents; finished with canola oil, Greek lemon seasoning, oregano, seasoned salt

Salads

Caesar Salad	romaine lettuce, Caesar Salad Dressing, garlic croutons (wheat flour, canola oil, sugar, yeast, modified palm oil, salt, garlic powder, soya lecithin, ascorbic acid), parmesan cheese, bacon bits (on request; bacon, water, salt, sugar, smoke flavoring, sodium phosphates, sodium erythorbate, sodium nitrite)
Greek Salad	tomatoes, cucumbers, green peppers, red onions, kalamata olives (olives, water, vinegar, salt, olive oil), feta cheese, Greek Salad Dressing
Santorini Salad	chickpeas, tomatoes, red onions, parsley, dill, capers, Greek Salad Dressing, spices

Hot Sides

Calamari	squid, flour, cornstarch, seasoned salt; finished with Greek lemon seasoning, spices
Falafel Snack Bites	chickpeas, water, chickpea flour, potato flakes (potatoes, mono & diglycerides, sodium acid pyrophosphate, citric acid), baking powder, salt, garlic powder, onion powder, dextros, dextrin, chicory root (Inulin), powdered cellulose, spices. Fried in Canola oil.
OPA! Fries	potatoes, vegetable oil (canola and/or soybean and/or cottonseed and/or sunflower), salt, dextrose, sodium acid pyrophosphate; finished with Greek lemon seasoning, spices
Rice Pilaf	parboiled long grain rice, chicken soup base, canola oil, shredded carrots & parsley

Roasted Greek Potatoes	red potatoes, water, lemon juice, tomato, green pepper, red onion, carrot, parsley, canola oil, chicken soup base, spices
Roasted Veggies	red potatoes, carrots, green peppers, tomatoes, red onions, canola oil, spices
Spanakopita	fillo dough: enriched, non-bromine bleached flour (bleached wheat flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), water, dough conditioner (maltodextrin, L-cysteine, hydrochloride), corn starch, less than 1.0% of the following: vegetable oil (soybean, corn and/or canola oil), salt, glycerine, citric acid, preservatives(sodium and/or calcium propionate, potassium sorbate). filling: spinach, cream cheese (pasteurized cultured milk and cream, whey, salt, tara gum and guar gum), onion, feta cheese (pasteurized milk, salt, cheese culture, enzymes) whole eggs, spices, parsley, parmesan cheese
White Pita	water, wheat flour, benzoyl peroxide, niacin, reduced iron, ascorbic acid, thiamine mononitrate, riboflavin, amylase, folic acid, liquid canola oil, modified palm oil and palm kernel oil, sugar, yeast, salt; finished with canola oil, spices
WW Pita	water, whole wheat flour, amylase, ascorbic acid, liquid canola oil, modified palm oil and palm kernel oil, sugar, yeast, salt; finished with canola oil, spices

Desert

Baklava	Phyllo dough (wheat flour, water, modified corn starch, vegetable canola oil, salt, sodium propionate, potassium sorbate), almonds, walnuts, vegetable ghee (palm oil, color, artificial flavor), canola oil, sugar, cinnamon. Glaze: sugar, water, honey, glucose, citric acid.
---------	--

Dressings & Sauces

Caesar Dressing	canola oil, water, romano cheese, frozen egg yolk (egg, salt), lemon juice concentrated, anchovies paste (cured anchovies, salt, water), dijon mustard, garlic, sugar, salt, spices, garlic powder, xanthan gum, dehydrated onion, potassium sorbate, propylene glycol alginate, calcium disodium edta
Greek Dressing	canola oil, red wine vinegar (sulphites), white vinegar, extra virgin olive oil, lemon juice (water, concentrated lemon juice, sulphites, lemon oil), salt, oregano, sugar, xanthan gum, spices, onion powder, garlic powder
Tzatziki Sauce	sour cream (modified milk ingredients, modified corn starch, sodium phosphate, guar gum, carrageenan, locust bean gum, bacterial cultures), yogurt (milk ingredients, modified tapioca and corn starch, pectin, bacterial culture), cucumber, salt, extra virgin olive oil, lemon juice (water, concentrated lemon juice, sulphites, lemon oil), garlic, sugar, jalapeno peppers (jalapeno peppers, vinegar, water, salt, calcium chloride, sodium benzoate), hydrolized corn protein (soybean oil), spices
Hummus with Roasted Garlic	chickpeas (chickpeas, water), canola oil with natural roasted garlic flavor, sesame tahini, sea salt, citric acid, spices, sodium benzoate and potassium sorbate

Cheeses

Feta Cheese	pasteurized cow's milk, milk protein concentrate, bacterial culture, calcium chloride, microbial enzyme, salt, kept in brine (water, salt, lactic acid)
-------------	---

Parmesan Cheese	milk, modified milk ingredients, bacterial culture, salt, rennet and/or microbial enzyme, calcium chloride, lipase, powdered cellulose, parmesan flavour (natural), natamycin
-----------------	---

Spices & Seasonings

Greek Lemon Seasoning	water, lemon juice, citric acid, lemon flavor, sodium benzoate
Seasoned Salt	salt, sugar, spice & herbs (including rd pepper), dehydrated onion & garlic, cornstarch, tricalcium phosphate, hydrogenated soy & cottonseed oil
Chickien Soup Base	salt, dextrose, chicken fat (includes rosemary extract), corn flour, flour, hydrolyzed plant protein (soy and corn), corn syrup solids, silicon dioxide, spices, citric acid, colour, parsley disodium guanylate, disodium inosinate, flavor (includes garlic, onion)
ReaLemon	water, concentrated lemon juice, sulphites, lemon oil

Skewers

Beef Skewer	beef, salt, flavor (modified corn starch), granulated garlic, sodium tripolyphosphate, spices, sugar, hydrolyzed corn protein, high monounsaturated vegetable oil (canola &/or soybean &/or sunflower seed), (MFG aid), onion powder, silicon dioxide (MFG aid); finished with canola oil and Greek lemon seasoning
Chicken Skewer	chicken breast, salt, spices, granulated garlic, corn maltodextrin, sugar, hydrolyzed corn protein, modified hydrogenated soybean oil (MFG aid), onion powder, tricalcium phosphate (MFG aid); finished with canola oil and Greek lemon seasoning
Falafel	chickpeas, water, chickpea flour, potato flakes (potatoes, mono & diglycerides, sodium acid pyrophosphate, citric acid), baking powder, salt, garlic powder, onion powder, dextros, dextrin, chicory root (Inulin), powdered cellulose, spices. Fried in Canola oil.
Gyro	beef and lamb, water, soy protein concentrate, seasoning (salt, dehydrated garlic, corn syrup solids, yeast extract, spices, spearmint, soybean oil, tricalcium phosphate), onion, whole wheat flour, isolated oat product; finished with canola oil and Greek lemon seasoning
Lamb skewer	lamb, salt, flavor (modified corn starch), granulated garlic, sodium tripolyphosphate, spices, sugar, hydrolyzed corn protein, high monounsaturated vegetable oil (canola &/or soybean &/or sunflower seed), (MFG aid), onion powder, silicon dioxide (MFG aid); finished with canola oil and Greek lemon seasoning
Shrimp Skewer	shrimp, water, sodium phosphate, salt, sulphiting agents; finished with canola oil, Greek lemon seasoning, oregano, seasoned salt

Salads

Caesar Salad	romaine lettuce, Caesar Salad Dressing, garlic croutons (wheat flour, canola oil, sugar, yeast, modified palm oil, salt, garlic powder, soya lecithin, ascorbic acid), parmesan cheese bacon bits (on request; bacon, water, salt, sugar, smoke flavoring, sodium phosphates, sodium erythorbate, sodium nitrite)
Greek Salad	tomatoes, cucumbers, green peppers, red onions, kalamata olives (olives, water, vinegar, salt, olive oil), feta cheese, Greek Salad Dressing
Santorini Salad	chickpeas, tomatoes, red onions, parsley, dill, capers, Greek Salad Dressing, spices

Hot Sides

Calamari	squid, flour, cornstarch, seasoned salt; finished with Greek lemon seasoning, spices
Falafel Snack Bites	chickpeas, water, unbleached wheat flour, potato flakes (potatoes, mono & diglycerides, sodium acid pyrophosphate, citric acid), baking powder, salt, garlic powder, onion powder, spices (coriander, cumin, parsley flakes, cayenne pepper, crushed chilli), potassium sorbate. Fried in Canola oil
OPA! Fries	potatoes, vegetable oil (canola and/or soybean and/or cottonseed and/or sunflower), salt, dextrose, sodium acid pyrophosphate; finished with Greek lemon seasoning, spices
Rice Pilaf	parboiled long grain rice, chicken soup base, canola oil, shredded carrots & parsley

Roasted Greek Potatoes	red potatoes, water, lemon juice, tomato, green pepper, red onion, carrot, parsley, canola oil, chicken soup base, spices
Roasted Veggies	red potatoes, carrots, green peppers, tomatoes, red onions, canola oil, spices
Spanakopita	fillo dough: enriched, non-bromine bleached flour (bleached wheat flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), water, dough conditioner (maltodextrin, L-cysteine, hydrochloride), corn starch, less than 1.0% of the following: vegetable oil (soybean, corn and/or canola oil), salt, glycerine, citric acid, preservatives(sodium and/or calcium propionate, potassium sorbate). filling: spinach, cream cheese (pasteurized cultured milk and cream, whey, salt, tara gum and guar gum), onion, feta cheese (pasteurized milk, salt, cheese culture, enzymes) whole eggs, spices, parsley, parmesan cheese
White Pita	enriched wheat flour, water, vegetable oil (canola oil, modified palm and palm kernel oil), sugar, yeast, salt, calcium propionate, L-cysteine; finished with canola oil, seasoned salt, oregano
WW Pita	whole grain wheat flour including the germ, water, vegetable oil (canola oil, modified palm and palm kernel oil) wheat gluten, sugar, yeast, salt, calcium propionate, L-cysteine; finished with canola oil, seasoned salt, oregano

Desert

Baklava	Phyllo dough (wheat flour, water, modified corn starch, vegetable canola oil, salt, sodium propionate, potassium sorbate), almonds, walnuts, vegetable ghee (palm oil, color, artificial flavor), canola oil, sugar, cinnamon. Glaze: sugar, water, honey, glucose, citric acid.
---------	--

Dressings & Sauces

Caesar Dressing	canola oil, water, romano cheese, frozen egg yolk (egg, salt), lemon juice concentrated, anchovies paste (cured anchovies, salt, water), dijon mustard, garlic, sugar, salt, spices, garlic powder, xanthan gum, dehydrated onion, potassium sorbate, propylene glycol alginate, calcium disodium edta
Greek Dressing	canola oil, red wine vinegar (sulphites), white vinegar, extra virgin olive oil, lemon juice (water, concentrated lemon juice, sulphites, lemon oil), salt, oregano, sugar, xanthan gum, spices, onion powder, garlic powder
Hummus with Roasted Garlic	chickpeas (chickpeas, water), canola oil with natural roasted garlic flavor, sesame tahini, sea salt, citric acid, spices, sodium benzoate and potassium sorbate
Tzatziki Sauce	sour cream (modified milk ingredients, modified corn starch, sodium phosphate, guar gum, carrageenan, locust bean gum, bacterial cultures), yogurt (milk ingredients, modified tapioca and corn starch, pectin, bacterial culture), cucumber, salt, extra virgin olive oil, lemon juice (water, concentrated lemon juice, sulphites, lemon oil), garlic, sugar, jalapeno peppers (jalapeno peppers, vinegar, water, salt, calcium chloride, sodium benzoate), hydrolized corn protein (soybean oil), spices

Cheeses

Feta Cheese	pasteurized cow's milk, milk protein concentrate, bacterial culture, calcium chloride, microbial enzyme, salt, kept in brine (water, salt, lactic acid)
-------------	---

Parmesan Cheese	milk, modified milk ingredients, bacterial culture, salt, rennet and/or microbial enzyme, calcium chloride, lipase, powdered cellulose, parmesan flavour (natural), natamycin
-----------------	---

Spices & Seasonings

Greek lemon seasoning	water, lemon juice, citric acid, lemon flavor, sodium benzoate
Seasoned Salt	salt, sugar, spice & herbs (including red pepper), dehydrated onion & garlic, cornstarch, tricalcium phosphate, hydrogenated soy & cottonseed oil
Chicken Soup Base	salt, dextrose, chicken fat (includes rosemary extract), corn flour, flour, hydrolyzed plant protein (soy and corn), corn syrup solids, silicon dioxide, spices, citric acid, colour, parsley disodium guanylate, disodium inosinate, flavor (includes garlic, onion)
ReaLemon	water, concentrated lemon juice, sulphites, lemon oil

Skewers

Chicken Skewer	chicken breast, water, canola oil, salt, flavor, corn syrup solids, sodium phosphates, onion powder, cooking wine, oranges, lemon juice from concentrate, garlic powder, spice; finished with canola oil and Greek lemon seasoning
Falafel	chickpeas, water, unbleached wheat flour, potato flakes (potatoes, mono & diglycerides, sodium acid pyrophosphate, citric acid), baking powder, salt, garlic powder, onion powder, spices (coriander, cumin, parsley flakes, cayenne pepper, crushed chilli), potassium sorbate. Fried in canola oil
Gyro	beef and lamb, water, soy protein concentrate, seasoning (salt, dehydrated garlic, corn syrup solids, yeast extract, spices, spearming, soybean oil, tricalcium phosphate), onion, whole wheat flour, isolated oat product; finished with canola oil and Greek lemon seasoning
Lamb skewer	lamb leg, canola oil, water, onions, garlic, spice, sea salt, cooking whine; finished with canola oil and Greek lemon seasoning
Pork Skewer	pork, canola oil, water, onion powder, garlic powder sea salt, cooking wine, oranges, spice; finished with canola oil and Greek lemon seasoning
Shrimp Skewer	shrimp, water, sodium phosphate, salt, sulphiting agents; finished with canola oil, Greek lemon seasoning, oregano, seasoned salt

Salads

Caesar Salad	romaine lettuce, Caesar Salad Dressing, garlic croutons (wheat flour, canola oil, sugar, yeast, modified palm oil, salt, garlic powder, soya lecithin, ascorbic acid), parmesan cheese bacon bits (on request; bacon, water, salt, sugar, smoke flavoring, sodium phosphates, sodium erythorbate, sodium nitrite)
Greek Salad	tomatoes, cucumbers, green peppers, red onions, kalamata olives (olives, water, vinegar, salt, olive oil), feta cheese, Greek Salad Dressing
Santorini Salad	chickpeas, tomatoes, red onions, parsley, dill, capers, Greek Salad Dressing, spices

Hot Sides

Calamari	squid, flour, cornstarch, seasoned salt; finished with Greek lemon seasoning, spices
Falafel Snack Bites	chickpeas, water, chickpea flour, potato flakes (potatoes, mono & diglycerides, sodium acid pyrophosphate, citric acid), baking powder, salt, garlic powder, onion powder, dextros, dextrin, chicory root (Inulin), powdered cellulose, spices. Fried in Canola oil.
OPA! Fries	potatoes, vegetable oil (canola and/or soybean and/or cottonseed and/or sunflower), salt, dextrose, sodium acid pyrophosphate; finished with Greek lemon seasoning, spices
Rice Pilaf	parboiled long grain rice, chicken soup base, canola oil, shredded carrots & parsley
Roasted Greek Potatoes	red potatoes, water, lemon juice, tomato, green pepper, red onion, carrot, parsley, canola oil, chicken soup base, spices
Roasted Veggies	red potatoes, carrots, green peppers, tomatoes, red onions, canola oil, spices

Spanakopita	<u>phyllo dough</u> : enriched, non-bromine bleached flour (bleached wheat flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), water, dough conditioner (maltodextrin, L-cysteine, hydrochloride), corn starch, less than 1.0% of the following: vegetable oil (soybean, corn and/or canola oil), salt, glycerine, citric acid, preservatives(sodium and/or calcium propionate, potassium sorbate). <u>filling</u> : spinach, cream cheese (pasteurized cultured milk and cream, whey, salt, tara gum and guar gum), onion, feta cheese (pasteurized milk, salt, cheese culture, enzymes) whole eggs, spices, parsley; finished with parmesan cheese
White Pita	enriched flour, water, soybean and/or canola oil, yeast, stone ground whole wheat flour, salt, dextrose, sugar, white vinegar, calcium propionate, mono- and diglycerides, baking powder, potassium sorbate, citric acid, silicone dioxide, l-cysteine hydrochloride, enzymes; finished with canola oil, spices
WW Pita	enriched flour, water, ground whole wheat flour, yeast, soybean and/or canola oil, salt dextrose, sugar, white vinegar, calcium propionate, mono- and diglycerides, baking powder, potassium sorbate, citric acid, silicone dioxide, L-cysteine hydrochloride, enzymes; finished with canola oil, spices

Desert

Baklava	phyllo dough (wheat flour, water, modified corn starch, vegetable canola oil, salt, sodium propionate, potassium sorbate), almonds, walnuts, vegetable ghee (palm oil, color, artificial flavor), canola oil, sugar, cinnamon. Glaze: sugar, water, honey, glucose, citric acid.
---------	--

Dressings & Sauces

Caesar Dressing	canola oil, water, romano cheese, frozen egg yolk (egg, salt), lemon juice concentrated, anchovies paste (cured anchovies, salt, water), dijon mustard, garlic, sugar, salt, spices, garlic powder, xanthan gum, dehydrated onion, potassium sorbate, propylene glycol alginate, calcium disodium edta
Greek Dressing	canola oil, red wine vinegar (sulphites), white vinegar, extra virgin olive oil, lemon juice (water, concentrated lemon juice, sulphites, lemon oil), salt, oregano, sugar, xanthan gum, spices, onion powder, garlic powder
Hummus with Roasted Garlic	chickpeas (chickpeas, water), canola oil with natural roasted garlic flavor, sesame tahini, sea salt, citric acid, spices, sodium benzoate and potassium sorbate
Tzatziki Sauce	sour cream (modified milk ingredients, modified corn starch, sodium phosphate, guar gum, carrageenan, locust bean gum, bacterial cultures), yogurt (milk ingredients, modified tapioca and corn starch, pectin, bacterial culture), cucumber, salt, extra virgin olive oil, lemon juice (water, concentrated lemon juice, sulphites, lemon oil), garlic, sugar, jalapeno peppers (jalapeno peppers, vinegar, water, salt, calcium chloride, sodium benzoate), hydrolized corn protein (soybean oil), spices

Cheeses

Feta Cheese	pasteurized cow's milk, milk protein concentrate, bacterial culture, calcium chloride, microbial enzyme, salt, kept in brine (water, salt, lactic acid)
-------------	---

Parmesan Cheese	milk, modified milk ingredients, bacterial culture, salt, rennet and/or microbial enzyme, calcium chloride, lipase, powdered cellulose, parmesan flavour (natural), natamycin
-----------------	---

Spices & Seasonings

Chickien Soup Base	salt, dextrose, chicken fat (includes rosemary extract), corn flour, flour, hydrolyzed plant protein (soy and corn), corn syrup solids, silicon dioxide, spices, citric acid, colour, parsley disodium guanylate, disodium inosinate, flavor (includes garlic, onion)
Greek Lemon Seasoning	water, lemon juice, citric acid, lemon flavor, sodium benzoate
ReaLemon	water, concentrated lemon juice, sulphites, lemon oil
Seasoned Salt	salt, sugar, spice & herbs (including rd pepper), dehydrated onion & garlic, cornstarch, tricalcium phosphate, hydrogenated soy & cottonseed oil